



## Professional Diploma in Clinical Aesthetic Medicine



**DR. NADEER AHMED**

**Founder – Aesthetic Theory  
Clinical Trainer in Aesthetic Medicine**

**MBBS | Master's In Aesthetic Medicine |  
American Academy Certified**

**Blended Program**

**2 Months Online + 5 Days Intensive Hands-On**

**Aesthetics Made Simple  
Science Made Strong**

An advanced academic and procedural training program designed for medical professionals who wish to build strong theoretical foundations & gain supervised clinical exposure in aesthetic medicine.

## PROGRAM STRUCTURE

### PHASE 1 – FOUNDATION ACADEMIC MODULE

Duration: 2 Months | Mode: Live Online

#### Structured into 8 Core Academic Modules:

##### → Module 1

- Applied Skin & Hair Anatomy with Aesthetic Consultation
- Skin layers & vascular anatomy
- Hair follicle biology & growth cycle
- Facial danger zones
- Skin classification systems
- Patient assessment & documentation
- Consultation framework & consent protocols
- AM/PM clinical skincare planning

##### → Module 2

- Acne & Acne Scar Management
- Acne grading & pathophysiology
- Evidence-based medical management
- Scar classification (Ice-pick, Boxcar, Rolling)
- Energy-based & procedural options
- Chemical peels, GFC, MNRF, TCA Cross
- Combination treatment planning

##### → Module 3

- Scar Management & Laser Fundamentals
- Hypertrophic vs keloid differentiation
- Intralesional therapy principles
- Laser-tissue interaction science
- Ablative vs non-ablative lasers
- Fractional laser concepts
- Complication prevention & counselling

##### → Module 4

- Hyperpigmentation & Melasma Protocols
- Melanin biology
- Melasma vs PIH differentiation
- Dermal vs epidermal melasma
- Peel selection principles
- Risk management in darker skin types
- Microneedling, GFC, PDRN concepts

##### → Module 5

- Skin Brightening & Tightening Science
- Aging & collagen biology
- Antioxidant & rejuvenation science
- Biostimulator concepts
- Treatment layering strategies
- RF, HIFU fundamentals
- Hydra facial, MDA, peel protocols

##### → Module 6

- Clinical Trichology & Hair Loss
- Types of alopecia
- Hormonal & nutritional influence
- Hair loss workup protocol
- PRP / GFC for hair
- Exosomes overview
- Maintenance planning

##### → Module 7

- Common Dermatology & Practice Essentials
- Common clinical conditions
- When to treat vs refer
- Medicolegal considerations
- Clinic vs wellness setup
- Licensing overview
- Infection control principles

##### → Module 8

- Body Contouring & Weight Management
- Fat physiology & adipocyte biology
- Non-surgical fat reduction
- Double chin protocols
- Lipolytic injections
- Ethical patient selection
- Revenue & treatment planning

#### Academic Component Includes:

- ✓ Live Interactive Classes
- ✓ Structured Study Materials
- ✓ Case-Based Discussions
- ✓ Online MCQ Examination
- ✓ Minimum Passing Criteria: 60%
- ✓ Distinction Awarded for 75% and Above.

## PHASE 2 – 5 DAYS INTENSIVE CLINICAL HANDS-ON TRAINING

Supervised practical exposure with live demonstrations & guided practice.

### → Module A – Aesthetic Skin Procedures

- Chemical Peels
- Microneedling
- Microdermabrasion (MDA)
- Hydra Facial
- Radiofrequency
- Ultrasound-based tightening
- Electrocautery
- Combination Therapy

### → Module B – Energy-Based Devices

- Diode Laser (Hair Reduction)
- Nd:YAG Laser Applications (Carbon Facial/Skin Toning/Tattoo Removal)
- Plasma Pen Therapy
- CO2 laser Demonstration

### → Module C – Regenerative & Hair Procedures

- PRP/GFC for Hair
- PRP/GFC for Skin
- Exo GFC
- Exosome Therapy (Protocol & Demonstration)

### → Module D – Basic Injectables & Lifting Concepts

- Botulinum Toxin (Upper & Lower Face)
- Basic Filler Techniques (3-Point Lift, Chin Enhancement)
- Thread Lift (Skin tightening)

## EVALUATION & CERTIFICATION

Participants must successfully complete:

- ✓ Online Theory Examination (MCQ)
- ✓ Hands-On Skill Assessment
- ✓ Minimum 60% to Qualify

Upon successful completion, candidates will be awarded:

- Professional Diploma in Clinical Aesthetic Medicine

Certificate Includes:

- Total Training Hours
- Academic + Clinical Training Mention
- Examination Status
- Unique Certificate ID
- Official Seal & Signature



## ELIGIBILITY

- MBBS / MD / MS
- BDS / MDS
- BHMS / BAMS / BUMS (Allied Medical Doctors)
- Medical Interns
- Registered Medical Practitioners with interest in Aesthetic Medicine



## WHY CHOOSE AESTHETIC THEORY?

- Structured Academic Curriculum
- Blended Learning Model
- Supervised Clinical Exposure
- Small Batch Training
- Real Patient Workflow Understanding
- Post-Training Mentorship Support

Limited Seats | Small Batch  
Academic Excellence | Clinical Precision

## EMI INTEREST FREE OPTIONS AVAILABLE

### CONTACT US

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